CHAPTER - VII CONCEPT OF DEVOTION OR *BHAKTI* AND ITS DIFFERENT KINDS

7.1 : General Concept of *Bhakti* :

Bhakti is a generic term meaning loving dovotion or attachment. It signifies a feeling and a sentiment, that is, an emotive state of mind. Its meaning can get particularised only when the entity towards which it is directed is specified. The word *bhakti*, when used in the religious context, can acquire particularly only when the name or the notion of the deity to whom it is directed is mentioned along with it. Only then, it can indicate a particular theology and religious mode. For example, *Visnu-bhakti* and *Śiva-bhakti* can be legitimately explained in terms of Vaiṣṇava and Śaiva theologies. So, in the religious context, the term *bhakti* can mean devtion to God only in a general sense, and nothing more. Since the Hindu religious tradition is pluralistic in character in regards to beliefs, ideas and practices; *bhakti* cannot be confined to any one part thereof. Nor can it be lent a specific meaning in the light of any particular sectarian theology or religious behaviour.¹

The term *bhakti* comes from the root *bhaj* and the suffix *ktin*. *Bhaj* means *to serve* or *to share* and *to participate*. In other words, *bhakti* is the intense devotion to God, to serve Him, to share and participate in the divine experience. According to the highest traditions of philosophical and religious thought in India, *bhakti* is living for

^{1.} Sharma, Krishna (2015). Bhakti and Bhakti Movement – A New Perspective; PP. 5, 6.

God, and living in God, in thought, feeling and deed. God-Union is described by the sage $Y\bar{a}j\tilde{n}avalkya$ as a fulfilled experience of union between the lover and the beloved that knows nothing of other external or exterior aspects and of nothing higher or superior in taste.²

The notion of *bhakti* in general terms can be traced to the hymns in *Rgveda*, and it began to be crystallized during the *Epic* and *Purāņic* periodas. R.G. Bhandakar finds the origin of the *bhakti* doctrine in the *Upaniṣadic upāsanā*.³

In Śāņdilya-bhakti-sūtra, bhakti or devotin is expressed as follow -

sāparānuraktir īśvare //2⁴

It means, *bhakti* or devotion is the supreme love for one personal God.

Again, in Nārada-bhakti-sūtra, bhakti or devotion is expressed as follows -

sā tasmin parama premarūpā $//2^5$

It means that devotion or *bhakti* is the intense love for the Supreme.

From the above two *ślokas*, it is clear that the communion between the God and His worshipper is established through the sacrifice. In devotion or *bhakti*, the devotee experiences extreme meekness and insignifince. So, he entirely depends upon God and he also completely surrender himself to the Lord.

All religions declare that God is omnipotent, omniscient and omnipresent. Each religion believes that by being faithful and obedient to this God, man can win his favour and thereby live in prosperity, peace and bliss on the earth– ending the entire

^{2.} Rajagopalachary, M and Damodar Rao, K (ed) (2016). Bhaktimovement and Literature. PP: 2,3

^{3.} Bhandarkar, Sir R.G. (1965). Vaisnavism, Saivism and Minor Religious Systems. PP. 28, 29.

^{4.} Śāņdily Bhakti-sūtra; verse-2

^{5.} Nārada Bhakti-sūtra; verse-2

struggle for existence. So, faith, respect and dedication, with the primordial fear underlying all these, are very often given the name of *bhakti*. The person who has all these towards God is a *bhakta*.

Bhakti is, by common consent, the only fruitful attitude that can be adopted by a person, as a seeker of favours may be for entirely selfish ends, or for the welfare and happiness of one and all with God's kindness. Thus, among *bhaktas*, all are not God-seekers.⁶

In India, *bhakti* is at once personal as a way to unite oneself with God, and it is social as a way of orderly living with piety and God consciousness. In its personal dimension, *bhakti* is *jñāna* and *karma*. It takes elaborate worship rituals such as *archanā*, *japa*, *tapas* and *upāsanā* involving an elaborate discipline – a code of conduct. In its social dimension, *karma* takes the driver's seat and makes the *bhakta's* life a *Yajña*. Social reformers and those who serve their fellowmen as a holy duty, all these are *premī bhaktas* of a non-religious mould. Indeed, *bhakti* does not in itself lmean devotion to God. The way of *bhakti* is devotion which may be channelled to social service. The benefactor of society need not necessarily be a believer in God or in a particular religion.

Bhakti is not just a religious cult in India; but it is a worshipful attitude inculcated very early in life. The first lessons that a child hears are $-M\bar{a}trdevo\ bhava$, *Pitr-devo bhava* and $\bar{A}c\bar{a}rya$ -devo bhava visualising the mother, the father and the teacher as Gods on the earth. *Bhakti* draws a roadmap for all men to evolve from a personal oneness through social oneness to the universal oneness; from the manyness

^{6.} Rajagopalachary, M. and Damodar Rao, K (Ed.) (2016) : Bhaktimovement and Literature; PP. 9-11.

of sensory understanding to the spiritual oneness of Godhead. This attitude is the saving grace for man and his world protecting them from disintegration. If it cannot, nothing else can or does.⁷

7.2 : Concept of *Bhakti* in the Traditional Scriptures :

The main Hindu religious texts are –The Upanişads, the Śrīmadbhagavadgītā, the Bhāgavata Purāņa and the Bhakti Sūtras of Nārada and Śāṇḍilya. All these texts give due recognition to the two forms of bhakti, that is, – the Nirguṇa bhakti and the Saguṇa bhakti. Bhakti is viewed by all these texts in conjunction with jñāna. There is no evidence in these texts, of any inherent contradiction between bhakti and jñāna, and between bhakti and a monistic view of reality. The views of these classical texts regarding the concept of bhakti are analyzed in the following.

7.2.1 : Bhakti in the Upanisads :

The word $Sraddh\bar{a}$ in the Vedic texes, at least in the *Samhitās* must have conveyed a sense, which was never akin to the word *bhakti*, as a form of loving devotion to a personal deity, but simply implied confidence, trust or belief based on the knowledge of truth.

The word *bhakti* in Vedic literature means distribution, partition, separation or a share. It is to be noted that in the *Maitrī-Upanişad* (VI- 13), Bhagavān Viṣṇu is the food that sustains the world, and in the *Śvetāsvatara Upanişad*, we are brought very much near the later developed concept of *bhakti*. In this *Upanişad*, it is expressed in this way –

^{7.} Ibid; PP. 15-16.

yasya deve parā bhaktiryathā deve tathā gurau//⁸

It means, the eagerness of the devotee to serve God and preceptor is called *bhakti*. It is an active movement of a devotee, which emphasizes on the personal and emotional relationship with God.

Many of the different elements of *bhakti* were already to be anticipated in the raptures of the *Upanişads*. As Dr. Sarvepalli Rādhākrishnan so beautifully summarizes, "The *Upanişadic* religion is the feeling of reverence and love for the great spirit. Such meditation is spiritualised *bhakti*..... The Absolte becomes a personal God. God is the friend and helper, the father and creator, the governor of the universe. He is said to be the Supreme Person (*Puruşottama*).He is the inner guide or the *antaryāmi*...... According to the *Śvetāsvatara Upanişads*, the Absolute and God are one, we call it the supreme *Brahman* to emphasise the transcendence of the finite, its unknow-ablity, its all-comprehensiveness; we call it *Īśvara* to emphasise the personal aspect so necessary for religious devotion."⁹

7.2.2 : Bhakti in the Śrīmadbhagavadgītā :

The Srīmadbhagavadgītā, itself called an *Upanişad*, derives its philosoplical basis from the *Upanişads*, and in the background there were the *Sāmkhya* and *Yoga*, *Vedānta* and *Buddhism*¹⁰, and *karma* and *jñāna*. The Srīmadbhagavadgītā became the earliest formulation and exposition of *bhakti* and *ekāntika dharma*.

^{8.} Śvetāśvataropanişad: 6/23.

^{9.} Radhakrishnan, S. (1951). *Indian Philosophy*; Vol. I., London, p. 233 10 Ibid.; p. 526.

The $Sr\bar{i}madbhagavadg\bar{i}t\bar{a}$ discusses threadbare three principal paths to release – *j* $n\bar{a}na$ (knowledge), *karma*(action) and *bhakti*(devotion). The first requires meditation on the unmanifested Absolute and is a process which brings a lot of hardship. The greatest contribution of the $Sr\bar{i}madbhagavadg\bar{i}t\bar{a}$ is to have presented the Ultimate Reality as a personal deity, Who responds to intimate love (*bhakti*).

In the $G\bar{i}t\bar{a}$, *bhakti* does not carry the meaning of a just a simple loving faith, which is described as *śraddhā*. There is a clear distinction between *śraddhā* and *bhakti* in the $G\bar{i}t\bar{a}$. The possible variations of *bhakti* are also indicated – depending upon the mental state of the *bhakta*, his motivations and the nature of his cognition of God. The $G\bar{i}t\bar{a}$ does not install *bhakti* as a counterpoise to *jñāna* either. On the contrary, they are regarded as interdependent – and a perfect compatibility is maintained between the two. The *bhakti* of the $G\bar{i}t\bar{a}$ does not suggest any essential and ever-existent dualism between the devotee and the deity. Nor is it conditioned by the idea of a personal God.¹¹

In the Srīmadbhagavadgītā, bhakti is differentiated from mere faith or sraddhā. The sraddhā manifests itself in numerous forms of religious worship, caused by the difference of guṇas, viz. sattva, rajas and tamas inherent in men. The sāttvikas worship the devas, rājasikas worship the yakshas and tāmasikas worship the pretas and the bhūtas. It is expressed in the following sloka as –

> yajante sāttvikā devān yakṣa-rakṣāmsi rājasāḥ / pretan bhūta-gaṇāmś cānye yajante tāmasā janāḥ //¹²

^{11.} Sharma, Krishna (2015) : Bhakti and the Bhakti Movement - A New Perspective; p. 112

^{12.} The Śrīmadbhagavadgītā. chap. XVII, v. -4.

In each case, $\dot{s}raddh\bar{a}$ is determined by the factors of natural dispositions. These $\dot{s}lokas$ are in the following –

> sattvānurūpā sarvasya śraddhā bhavati bhārata śraddhā-mayo yam puruso yo yacśraddhah sa eva sah//¹³

It means, according to one's existence under the various modes of nature, one evolves a particular kind of faith.

It is also expressed in another śloka as -

kāmais tais hṛta-jñānāh prapadyante nya-devetāḥ / tam tam niyamam āsthāya prakṛtyā niyatāḥ svayā //¹⁴

It means, those whose intelligence has been stolen by material desires surrender unto demigods and follow the particular rules and regulations of worship according to their own natures.

Whether *sāttvika*, *rājasika* or *tāmasika* in nature, *śraddhā* is efficacious in every form in winning God's grace. It is expressed in the following *śloka* as –

yo yo yām yām tanum bhaktaḥ śraddhāyār citum icchati / tasya tasyācalā m śraddhām tām eva vidadhāmy aham //21 sa tayā śraddhayā yuktas tasyārādhanam īhate / labhate ca tataḥ kāmān mayaiva vihitān hi tān //¹⁵

It is considered necessary for every act of worship- that which is practised without it, it is asat and therefore invalid. Thus, all forms of $\dot{s}raddh\bar{a}$ are recognised irrespective of the higher or lower categories of the objects of worship. But the $G\bar{i}t\bar{a}$ does not connect *bhakti* with these forms of $\dot{s}raddh\bar{a}$; it connects it only with parā $\dot{s}raddh\bar{a}$ or supreme faith which is beyond the three categories of *guṇas*. In the *Bhakti*-

^{13.} Ibid., chap. XVII, verse- 3.

^{14.} Ibid, chap. VII; v. 20.

^{15.} Ibid, chap. VII, v. 21-22.

Yoga of the Śrīmadbhagavadgītā, Kṛṣṇa says Arjuna as, this is expressed in the following śloka as –

mayyāveśya mano ye mām nitya-yuktā upāsate / śraddhayā parayopetās te me yuktatamā matāḥ //¹⁶

It means, "Those who fix their minds on My personal form and are always engaged in worshiping Me with great and transcendental faith are considered by Me to be most perfect."

The Srīmadbhagavadgītā recognises the value of faith or sraddhā in all its manifestations. But the *Bhakti-Yoga*, it states, is possible only through *parā- sraddhā*, which is free of the three *guṇas* of *sattva*, *rajas* and *tamas* and is therefore *nirguṇa* in character. *Bhakti* as *parā- sraddhā* is related only to the worship of the *avyakta* or the unmanifest, i.e., the impersonal God. As against this, the Srīmadbhagavadgītā deals with devotion to a personal deity under the lower category of *sāttvika-śraddhā*. Therefore, in the final analysis, *bhakti* is represented in the Srīmadbhagavadgītā as an active and passionate search of the self for the divine. It means much more than just an attitude of faith, or acts of worship, or a code of conduct to be fulfilled "as heard from the others." It is expressed in the Srīmadbhagavadgītā as follows –

dhyānenātmani paśyanti kecid ātmānam ātmanā / anye sāṅkhyena yogena karma-yogena cāpare //¹⁷

It means, some perceive the Super soul within themselves through meditation, others through the cultivation of knowledge, and still others through working without fruitive desires.

^{16.} Ibid; chap. XII, v. 2.

^{17.} Ibid; chap. XII, v. 25.

In the discourse on the *Bhakti-Yoga*, Kṛṣṇa points out the superiority of the contemplative *bhakti* over other forms of *bhakti*. The conscious individual effort to fix one's mind and intellect in God is considered higher than the effortless act of surrender and complete dependence. The simple worshipful attitude, devoid of *jñāna* and *yoga*, is recommended only for the weak who do not aspire for the higher goal. Various options are offered for the cultivation of *the Bhakti-Yoga* coupled with a qualitative gradation. The contemplative *bhakti* is regarded as the highest and the one obtained through *Abhyāsa-Yoga* as the next in order of merit. *Bhakti* in the sense of surrender is clearly graded as the lowest. *Bhakti, jñāna* and *yoga*, not only *bhaki* is clearly connected with *jñāna* and *yoga*, but both the *bhakta* and the *jñānī* are described in similar terms. It is expressed in the *Śrīmadbhagavadgītā* as follows –

abhyāse 'py asamartho 'si mat-karma-paramo-bhava / mad-artham api karmāņi kurvan siddhim avāpsyasi // athaitad apy aśakto 'si kartum mad-yogam āśritaḥ / sarva-karma-phala-tyāgam tataḥ kuru yatātmavān //¹⁸

According to the Śrīmadbhagavadgītā, through bhakti, the bhakta who takes refuge in God, "attains Him". It is expressed in the Śrīmadbhagavadgītā as follows – vītā-rāga-bhaya-krodhā mam-māyā mām upāśritāḥ /

bahavo jñāna-tapasā pūtā mad-bhāvam āgatāḥ //¹⁹

"Enters into God". It is expressed in the Śrīmadbhagavadgītā as follows -

mat-karma-kṛn mat paramo mad-bhaktaḥ sañga-varjitaḥ / nirvairaḥ sarva-bhūteṣu yaḥ sa mām eti pāṇḍava //²⁰ "Abides in God". It is expressed in the Śrīmadbhagavadgītā as follows –

^{18.} Ibid; chap XIII, v. 10, 11.

^{19.} Ibid; chap. VI, verse. 10.

^{20.}Ibid; chap XI; v. 55

antavat tu phalam teṣām tad bhavaty alpamedhasām / devān deva-yajo yānti mad-bhaktā yānti mām api //²¹ And "lives in Him". It is expressed in the Śrīmadbhāgavadgītā as follows –

> mayyeva mana ādhatsva mayi buddhim nivešaya / nivašisyasi mayyeva ata ūrdhvam na samšayah //²²

The final teaching of the *Śrīmadbhagavadgītā* is absolute reliance (*eka-śaraṇa*) on God. According to the *Śrīmadbhagavadgītā*, *bhakti* or true devotion is to believe in God, to love Him, to be devoted to Him and to enter into Him. It is its own reward.

7.2.3 : Bhakti in the Bhāgavata-Purāņa :

The *Bhāgavata Purāņa* is definitely a Vaiṣṇava text. It dwells a great deal on the life and personality of Kṛṣṇa. The whole of tenth skandha of this Purāṇa is devoted to the Kṛṣṇa theme.

The loving devotion for Vāsudeva Kṛṣṇa has strong emotional overtones in the *Bhāgavata Purāṇa* in which *bhakti* for him is described as a surging emotion. It is expressed in the *Śrīmad Bhāgavata Mahāpurāṇa* as follows –

katham vinā romaharṣm dravatā cetasā vinā / vinānandā śrukalayā śudhyedbhaktyā vināśayaḥ // vāggadgadā dravate yasya cittam rudatyabhī kṣnam hasati kvacicca / vilajja udgāyati nṛtyate ca madbhaktiyukto bhuvanam punāti // yathāgninā hema malam jahāti damatam punaḥ svam bhajate ca rūpam / ātmā ca karmanuśayam vidhūya madbhakti yogena bhajatyatho mām // yathā yathātmā parimṛjyate m matpuṇya gāthāśravaṇābhidhānaiḥ / tathā tathā paśyati vastu sūkṣmam cakṣuryarthaivāñjana samprayuktam //²³

^{21.} Ibid; chap VII; v. 23

^{22.} Ibid, chap XII; v. 8.

^{23.} Śrīmad Bhāgavata Mahāpurāņa; Book XI; chap. 14, verses - 23 - 26

This state is produced by gazing at the image of Kṛṣṇa, singing his praises, keeping company with his devotees and hearing about his mighty deeds. Furthermore, out of nine acts of devotion, certain acts of worship having a ritualistic content can be conceived only in relation to a personal deity and the Vaiṣṇava traditions of idol-worship.

The personal deity, Kṛṣṇa is interpreted throughout as the *Nirguṇa Brahman* – and the *Saguṇa Brahman* as Kṛṣṇa. Therefore, naturally, *bhakti* is also described in both its *Sarguṇa* and *Nirguṇa* form.²⁴

In the third book of the *Bhāgavata Purāņa*, in answer to Devahūti's question about the distinctive features of the *Bhakti-Yoga*, Kapila explains that *bhakti* manifests itself in a number of ways and can be of different kinds. The difference in its expression is caused by the inherent difference in the natural tendencies and attributes of people. Kapila then goes on to enumerate three kinds of *bhakti* caused by the three *guņas*. The *bhakti* caused by pride or ill-will is described by him as *tāmasika*, and that caused by some desire or end in view as *rājasika*. He refers to the *bhakti* which manifests itself in the worship of idols and the performance of the prescribed rituals in the service of the Lord as *sāttvika*. To these three, Kapila adds yet another category, that of *nirguņa bhakti*. He elaborates on it separately and keeps it distinct from the other three. It is expressed in the Ś*rīmad Bhāgavata Mahāpurāna* as follows –

> bhaktiyogo vahuvidho mārgairbhāvini bhāvyate / sva bhāvaguņa mārgeņa pumsām bhāvo vibhidyate // abhisandhāya yo himsām dambham mātsayarmeva va /

^{24.} Sharma, Krishna (2015) : Bhakti and the Bhakti Movement : A new Perspective. P. 121

samrambhī bhinnadrg bhāvam mayi kuyārta satāmasaḥ // viṣayānabhisandhāya yaś aiśvaryameva va / arcādāvarcayedyu mām pṛthag bhāvaḥ sa rājasaḥ // karmanirhāramuddiśya parasmin vā tadarpaṇam / yajedyaṣṭavyamiti vā pṛthagbhāvaḥ sa sāttikaḥ // madguṇaśrutimātreṇa mayi sarvaguhāśye / manogatirvichinnā yathā gaṅgāmbhasohambu dhou // lakṣaṇa m bhaktiyogasya nirguṇasya hyudā hṛtam // ahaitukyavyavahitā yā bhaktih purusottame //²⁵

Whereas the first three can be related with various forms of belief in a personal deity, the fourth can be understood only in relation with the idea of an impersonal god. *Nirguņa bhakti*, is, therefore, explained and sustained in the *Bhāgavata Purāņa* with the help of the relevant underlying principles of Śāmkhya, *Vedānta* and *Yoga*. It is expressed in the *Śrīmad Bhāgavata Mahāpurāņa* as follows –

vāsudeve bhagavati bhaktiyogaḥ prayojitaḥ / janayatyāśu vairāgyaṁ jñāna yadbrahma darśanam // yogena vividaṅgena bhaktiyogena caiva hi / dharmenobhayacihnena yaḥ pravṛttinivṛtti mān // ²⁶

In the discussion of *Nirguṇa bhakti*, emphasis is laid on the enquiry after the Self and the importance of religious rites and the outer modes of worship is minimized. The form of *bhakti* is obviously represented as different from *Saguṇa-bhakti* directed towards a personal deity which expresses itself in externalized acts of worship as listed

^{25.} Śrīmad Bhāgavata Mahāpurāņa; Book - III; chap. 29, verse; 7-12

^{26.} Ibid; Book - III; chap. 32. verses. 23-35.

under the requirements of *navadhā-bhakati* in the *Bhāgavata Purāņa*. It is expressed in the *Śrīmad Bhāgavata Mahāpurāņa* as follows –

devānām guņalin gānā manuśravikakarmanām / animittā bhāgavatī bhaktiḥ sidhergarīyasī //

paśyanti te me rucirāņyamba santaḥ prasannavaktrāruņa locanāni / rupāņi vidyāni varapradāni sākam vācam spṛhanīyām vadanti //²⁷

When the soul unifies with the *Nirguņa Brahman* through devotion, then the devotee by virtue of his knowledge of truth and his dissociation from the worldly objects of attachment, destroys the egoism of his mind and feels free from the desires that make the knowledge of the Ultimate Reality difficult. Through devotion, the devotees disentangle themselves from the world. Then the knowledge of the Supreme Self or *tattva-jñāna* dawns upon them, and with the advent of this knowledge, they are able to meet their real self. The sense of otherness between God and His devotee disappears in such a meeting. It is expressed in the *Śrīmad Bhāgavata Mahāpurāņa* as follows –

sādhu pṛṣṭa mahārāja sarvabhūtahitāt manā / bhavatā viduṣā cāpi sādhūnāṁ matirīdṛśī // indriyairvi ṣayākṛṣṭ aira kṣiptāṁ dhyāyatāṁ manaḥ / cetanāṁ harate buddheh stambastuyamiba hradāt //²⁸

^{27.} Ibid; Book - III; chap. 25, verses. 32-35

^{28.} Ibid; Book - IV; chap. 22; verses. 18-30

In the *Bhāgavata Purāņa*, *bhakti* is described as an end as well as means. In one sense, it indicates the mental attitudes of the aspirant; in the other, it stands for an accomplished state of mind. Thus, irrespective of whether it is described as a means or an end, *bhakti* in the *Bhāgavata Purāņa* does not stand exclusive of the other two, i.e., *jñāna* and *karma*. Either it leads to them, or is their result.

In the *Bhāgavata Purāņa*, *bhakti* is not represented as a separate spiritual discipline excluding *jñāna* and the idea of an impersonal God. On the contrary, its *Nirguņa* category is related to *jñāna* and is directed towards the *Nirguņa Brahman*. It is urged that one should contemplate on the impersonal *Ātman* with *bhakti* and *jñāna*; It is expressed in the *Śrīmad Bhāgavata Mahāpurāņa* as follows –

yadā ratirbrahmaņi naisthiki pumānācāryavan jñānavirāga ramhasā / dahatyavīryam hrdayam jīvakosam pañcātmakam yonimivothitoha ganih //²⁹

And *bhakti* is described at one place as a characteristic feature of the knowledge of the *Nirguņa- jñāna*. It is expressed in the *Śrīmad Bhāgavata Mahāpurāņa* as follows –

jñānayogaśca manniṣṭḥo nairguṇyo bhakilakṣaṇaḥ / devayorapyaka evārtho bhagavacchabdalakṇaḥ //³⁰

Knowledge of philosophy and the practice of *Yoga* are also considered legitimate parts of *bhakti*.

7.2.4 : Bhakti in Śāņģilya's and Nārada's Bhakti Sūtras :

The two other authoritative texts that are most to explain the doctrine of *bhakti* are the *Bhakti Sūtras* of Sandilya and *Narada*. This is obviously due to the fact that

^{29.} Ibid; Book-IV, Chap.22; verses 26.

^{30.} Ibid; Book-III; chap. 32, verse. 32.

they are the two earliest known works concerned specifically with the *Bhakti theme* itself.

Śāņḍilya and Nārada both are invariably quoted in all academic discussions on *bhakti*. But neither of them deals with *bhakti* as a doctrine or *siddhānta*. Both speak of *bhakti* in the general sense of devotion while analysing its nature and significance.

Whereas Śāṇḍilya's approach is more in keeping with Nirguṇa-Bhakti and the classical system of Sāṁkhya and Vedānta, Nārada shows a greater leaning towards the *Purānic* tradition and the sectarian characteristics of the *Bhāgavatas* and their Saguṇa mode of bhakti.

The *bhakti* of Sandilya is much more contemplative in nature as compared to that of Nārada, which is definitely more emotional.³¹ Sandilya defines *bhakti* as a state of mind by attaining which a man lives, moves and has his being in Him.³² Although it can be cultivated with the help of *jñana* and *Yoga*³³ it is essentially a state of mind and experience. It includes the means, but is beyond and other than them. According to Sandilya, *bhakti* is an act of recognition, and therefore, a form of knowledge. Since the act of recognition in itself presupposes former knowledge, it is in itself an expression of renewed knowledge. On the other hand, Narada describes *bhakti* as intense attachment to God;³⁴ but more in terms of personal emotion³⁵ For him, *bhakti* has the nature of āsakti or attachment. On obtaining *bhakti* or union with God, man does not

- 34. Nārada Bhakti-Sūtra; verse. 68.
- 35. Ibid; verse.68

^{31.} Nārada Bhakti-Sūtra; verses. 68.

^{32.} Śāņdilya Bhakti-Sūtra; verse. 19.

^{33.} Ibid; verse 19

desire anything else and is overjoyed and satisfied.³⁶ Nārada speaks with great fervour about acts of worship directed towards the personal form of the deity. To adore His greatness and beauty, to worship Him, to serve Him, and to love Him in His personal form is often described as *bhakti* by Nārada.³⁷

Although the main theme of Nārada and Sandilya is *bhakti* and they are not really concerned with the nature of God, nevertheless there are sufficient indications of their views on God in their *sūtras*. Neither of them holds a personal view of God as a necessary condition of *bhakti*. Even Nārada, whose *bhakti* is clearly directed towards a personal deity³⁸ and whose *daśadhā bhakti* is just not possible without the deity's idol and temple, does not lay down the idea of a personal God as a necessary condition of *bhakti*. As far as *Śāndilya* is concerned, his concept of God is definitely impersonal in character. He makes it a point to enphasize that his *bhakti* should not be confused with *Deva-Bhakti* or devotion to a personal deity³⁹

Sandilya does not establish God as a third principle⁴⁰ when he uses the term *Īśvara*, it stands for an embodiment of both the transcendent and the immanent principles. Therefore, without looking for a separate and distinct entity as God, if Sandilya's bhakti is placed within his own dualism of *cit* and *acit*, it can well be interpreted as a unifying principle. Describing God as both the transcendent Lord (*Īśvara*) and an imminent principle (*Ātman*) does not create any problem for Sandilya

^{36.} Ibid verses 5 and 6

^{37.} Ibid verse 82.

^{38.} Ibid, verses 9 and 79, 82

^{39.} Śāņdilya Bhakti-sūtra; verse. 18.

^{40.} Ibid; verse 40.

in defining his ideas on $bhakti^{41}$ For Sandilya, both *Isvara* and the *Atman* can be the objects of $bhakti^{42}$. He takes them as one.

According to Nārada also, the idea of God is imminent. It can be seen in his description of the divinity of great souls or *mahātmās*. Nārada sees no distinction between them and God. According to him, *bhakti* can be attained through divine compassion as well as through the grace of the Divine men⁴³

Neither *Šāņdilya* nor Nārada represent *bhakti* as a path separate or opposed to jñāna. In the relative context of jñāna, *karma*, *yoga* and *bhakti*, *Šāņdilya* tries to establish a definite relationship between jñāna and *bhakti*. Whereas knowledge is necessary for *bhakti*, the final liberation comes only through the attainment of *bhakti*. According to *Śāņdilya*, bondage is due to the want of devotion and not that of *jñāna*⁴⁴. When *bhakti* oppears, it destroys the existing knowledge and leads to new knowledge⁴⁵. *Śāņdilya*'s *bhakti* is the experience of this renewed knowledge. On the other hand, when Nārada speaks of the superiority of *bhakti*⁴⁶, he offers two explanations for it. First, it is superior because it is its own reward and does not require any other support. It is self-sufficient and spontaneous, and takes shape of its own accord. Secondly, because God has an aversion for the egoist, and love for humility. Thus, Nārada sets aside *karma*, *jñāna* and *yoga* as inferior, not because they are

- 43. Nārada Bhakti-Sūtra; verses- 38, 41.
- 44. Śāņdilya Bhakti-Sūtra; verse. 90.
- 45. Ibid; verse-96
- 46. Nārada Bhakti-Sūtra; verse- 15

^{41.} Ibid; verse 38.

^{42.} Ibid; verses 29, 30, 31

antithetical to *bhakti*; but because they can never be self-sufficient. On the whole, Nārada regards *bhakti* as superior to knowledge only in an emotive sense.

Finally, it is seen that though certain points of distinction and difference can be found, both Sandilya and Narada regard *bhakti* as a matter of emotion and experience; never as a doctrine or cult. They attach importance to *bhakti* only in the sense of religious and spiritual feeling.

Bhakti for the impersonal God is very often described in these texts as higher form of devotion; and a monistic ideology accompanies all such descriptions of *Nirguņa bhakti*.⁴⁷

7.3 : Conception of Devotion or *Bhakti* in Sankaradeva's Philosophy :

According to Śańkaradeva, *bhaktiyoga* is the crown of the spiritual sādhanā and the only way to realise the chosen ideal, the God. Śańkaradeva's *bhakti-dharma* speaks that *bhakti* is the ultimate goal of human life. It has different names and each has its own significance. *Bhakti-dharma* or *Eka-Śaraṇa-Hari-Nāma-Dharma* of Śańkaradeva is also known as *Bhāgavatī dharma*, because it is based on the *Bhāgavata purāṇa* and the *Śrīmad Bhagavad Gītā* in which *bhakti* or devotion to God gets priority. It is also known as *Mahāpuruṣīyā dharma*, because it admits the worship of one God, Who is named as Hari, *Puruṣottama* or *Mahāpuruṣa*, the supreme Person. This religion is also known as *Eka-Śaraṇa-Hari-Nāma-Dharma*, as it lays emphasis on surrender of the self to Hari, chanting and listening His names Who is conceived to be gracious and merciful⁴⁸.

^{47.} Sharma, Krishna (2015) : Bhakti and the Bhakti Movement; p. 129.

Sharma, Nilima, (ed.) (2008) : The philosophy of Śańkaradeva : An Appraisal - Bhakti - The ultimate value by A. Neog; p. 139.

Śańkaradeva takes the *bhaktiyoga* of *Śrīmadbhagavadgītā* and applies it to Personal God or *Īśvara* of *Bhāgavat purāņa*, Who is the highest Divinity; the full incarnation of Viṣṇu. In order to present a higher ideal of life, God incarnates Himself so that the world may be saved and helped to move higher in the spiritual evolution. Beacuse God is not a detached spectator of the world process; He is to be reached by *bhakti* according to Śańkaradeva.

In order to cultivate devotion to achieve his desired ideal, Śańkaradeva takes $d\bar{a}sya$ -bhakti bhāva. God is taken by Śańkaradeva as a compassionate master and bosom friend. It is found in his disciple Mādhavadeva's $N\bar{a}maghos\bar{a}$ as –

harika bāndhava buliyā yijana karaya hari kīrttana samaste śāstrara tattvaka jānila jānā sehi mahājana.⁴⁹

It means- The saint who calls Hari as his friend and sings the name of Hari knows the substance of all sāstras,

Among the nine kinds of *bhakti*, *śravaņa* and kīrttana are regarded as the best forms as they are necessary requisites for the purification of mind. Śańkaradeva says it in his *Kīrttana ghoṣa* as follows–

śravaṇa kīrttana binā āna puṇye napāya iţo ghora saṁsārara pāra.⁵⁰

^{49.} Nāma Ghoṣā, v.-366; edited by Das, H.M.

^{50.} Śańkaradeva : Kīrttana-Ghoṣā (Vedastuti), v. 1674

It means, – No other virtues except the listening and chanting of the names of God enables one to overcome the worldly pains and sufferings.

Śańkaradeva's *bhaktidharma* is the sayntesis of religion and philosophy. It lays emphasis on the need for ethical life as an essential condition of spiritual realisation and *bhakti* or devotion leads us to that path. According to Śańkaradeva, *bhakti* is always linked with good. The *Bhakti-Pradīpa*, the *Bhakti-Ratnākara* and the *Kīrttana-Ghoṣā* of Śańkaradeva explain that *bhakti* is greater than *mukti*.

7.3.1 : Bhakti in the Bhakti-Pradīpa :

Śańkaradeva's *Bhakti-Pradīpa* is very small in form; but its inner meaning has made it a large one. In this book, Śańkaradeva advises the devotees frequently to worship Viṣṇu. People lose their discretionary powers and become ignorant due to lack of *Viṣṇubhakti*. According to these scriptures, the *Viṣṇubhakti* is the only way to get rid of the pains and hurdles of life.

Śańkaradeva starts with a prayer to Lord Kṛṣṇa in the *Bhakti-Pradīpa*. In this very beginning, Śańkaradeva compares *bhakti* to nectar. He says that only *bhakti* can purify the whole world and the devotees feel immense pleasure through it. Śańkaradeva expresses it as–

jagata pavitrakāri sākṣāte amṛta/ yāka śuni sādhusava hove kṛtakṛtya//⁵¹

In the chapter *Kṛṣṇa-Arjuna-Saṁvāda*, Śaṅkaradeva tries to clear the confusion about devotion and salvation through the conversation of Arjuna and Lord Kṛṣṇa. In this conversation, it is found that one can attain salvation with the help of *bhakti*

^{51.} Śańkaradeva's Bhakti-Pradīpa : v.7

easily. There appear no hurdles in worshipping one's own God. It is one and only devotion, which can shows the right path to the devotee. It is said earlier that, in the *Bhāgavata purāņa*, *bhakti* includes nine, i.e., *śravaṇa*, *kīrttana*, *sakhya*, *smarsṇa*, *arcana*, *vandana*, *pādasevana*, *dāsya*, *ātmanivedana*. It is expressed in the *Śrīmad Bhāgavata Purāṇa* as follows –

śravaņam kīrttanam cāsya smaraņam mahatām gateļi / sevejyāvanatirdāsyam sakhyamātmasamar panam //⁵²

But the *Bhakti-Pradīpa* lays stress on *śravaņa* and *krīttana* only. According to this scripture, hearing the name of God is called the best devotion. Śańkaradeva expresses it as-

mora kathā śravaņata karibeka rati ākese buliyā sakhi uttama bhakati.⁵³

It becomes clear from this reference that the *Bhakti-Pradīpa* also supports the *navadhā-bhakti* of the *Bhāgavata Purāņa*. But it gives stress on hearing the name of Lord Kṛṣṇa. It also prohibits hearing the name of other gods except the name of Lord Kṛṣṇa. It is said that, hearing the names of other gods makes bhakti impure. Hearing and uttering the name of Kṛṣṇa should be the only practice of a devotee. Then and then only this practice may be called *bhakti*. He expresses this in the *Bhakti-Pradīpa* as–

nuśunoi āna eko devatāra nāma abyabhicāriņī tāke bulio bhakati⁵⁴

^{52.} Śrīmad Bhāgavata Mahapurāņa: Book-VII; verse -11.

^{53.} Śańkaradeva's Bhakti-Pradīpa : v. 28.

^{54.} Ibid: pada - 30.

Saňkaradeva uses the word *abyabhicārī bhakti* to denote pure *bhakti* and that is only for Lord Kṛṣṇa. It is seen that Mādhabadeva also supports the thought of Śańkaradeva and opines that the devotion to Kṛṣṇa is the pure devotion. In fact, the pure love and affection for Lord Kṛṣṇa is defined as *abyabhicārī bhakti* by the author. To follow the way of *abyabhicārī bhakti*, one should have to worship none other than Kṛṣṇa. According to the *Bhakti-Pradīpa*, all the gods become pleased through the worshipping of the Lord Kṛṣṇa. It is expressed in the *Bhakti-Pradīpa* as follow–

sarvadeva tusta hove krsnaka pūjane⁵⁵

Here, the influence of the *Bhāgavata bhāvārtha dīpikā* of Śrīdharaswāmī is found clearly. As the branches and leaves of a tree become lively and fresh by watering at the root, similarly all gods become pleased through the worshipping of Kṛṣṇa. It is expressed as follows–

> prāņsyopahāro bhojanam, tasmādeva indriyāņām trptiķ na tu tattadindriyeyu pṛthaka pṛthagannle panena tathā acyutārādhanameva sarvadevatārādhanam na pṛthagityarthaḥ.⁵⁶

It is worth mentioning that Kṛṣṇa is depicted as God in the *Bhāgavata Purāṇa* and the influence of the *Bhāgavata Purāṇa* is shown in the *Bhakti-Pradīpa* as well as other writings of Śaṅkaradeva.

In the *Bhakti-Pradīpa*, we have found the story of a Brāhmaņa and wife of a Cāņdāla. In this story, the Brāhmaņa worships Indra, the king of God for his material

^{55.} Ibid : pada - 62

^{56.} Śrīdhara Svāmī : Bhāgavata Bhāvārtha Dīpikā; 4/31/14

welfare and for the ultimate goal. On the otherhand, Cāṇḍālini is a *Haribhakta*. She tries to explain the Brāhmaṇa about the consequence of *Haribhaki*, but fails. Instead of accepting the thought of Cāṇḍālini, Brāhmaṇa insults her and worships Indra loudly. Then Cāṇḍālini takes a bath in the river and chants the name of Kṛṣṇa. At that time, Nārada appears and becomes surprised by the act of Caṇḍalini. After hearing the whole story from the Cāṇḍālini, he says that it is the work that makes a man Brāhmaṇa or a Cāṇḍāla. So, by worshipping Hari, the Cāṇḍālini has achieved her to the ultimate goal of life; i.e., the salvation. But the Brāhmaṇa has degraded himself by his act. Here, Śaṅkaradeva compares the act of the Brāhmaṇa to an act of receiving a piece of glass instead of a pearl. In this story, it is clearly found that Śaṅkaradeva gives stress on kīrttana or chanting the name of Hari.

According to the *Bhakti-Pradīpa*, the life of a non-devotee without knowledge is always valueless. It is expressed in the *Bhakti-Pradīpa* as–

haribimukhara tāra jīvana niṣphala //⁵⁷ The activities of a non-devotee can be compared with that person who accepts the small pool of water leaving the river Gaṅgā. It is expressed as follows–

> indrakese pūje avaheli nārāyaṇa / māṇikaka teji kare kācaka yatan // yena gaṅgā tejiyā doṅāka jāyā hānthi teji yena soṇā saniyāta mārai gānthi//⁵⁸

In the *Kṛṣṇa-Arjuna samvāda*, Lord Kṛṣṇa's attempt to remove the confusion of Arjuna about *bhakti* is depicted by the author. Lord Kṛṣṇa says that the devotee of

^{57.} Śańkaradeva's Bhakti-Pradīpa : v. 65.

^{58.} Ibid : pada - 64, 65

Kṛṣṇa purifies all the holy places. And Lord Himself is the ever joyful eternal soul. He destroys the enemies of devotee and rears them. As the Sun is the destroyer of lily, Kṛṣṇa is the destroyer of all the inner enemies of a devotee. So, it is the duty of a devotee to devote Lord Kṛṣṇa to get rid of the fear of death. The *Bhakti Pradīpa* opines that any other religious activities and worshipping another god is just like an illusion. So, one should avoid the worshipping of other gods, should get engage to the service of Lord Kṛṣṇa.

To worship Kṛṣṇa, one must practice to develop the power of self control and must deal equally with everyone. Moreover, a devotee must not feel envious of other religions. A devotee must be kind to all the creatures of the world and pacified for every religion. Then only the *bhakti* becomes strong. The *Bhakti Pradīpa* does remember that God lives in every creature of the world. Śańkaradeva expresses it as follows –

samaste bhūtara hṛdayata ācho āmi / parama sundara manohara antaryāmī //⁵⁹

Moreover, the name of Lord Kṛṣṇa is defined as the king of all the religions. It cannot be compared with other names of the world. Uttering the name of Kṛṣṇa is equal to the religious austerity of an ascetic. It is expressed in the *Bhakti Pradīpa* as –

parama sanyāse sādhe yi gati maraņe / pāve save phala eka nāma sumaraņe // mahā dharma karma yata āse samsārata / nāma sumaraņe save upaje lagata //⁶⁰

^{59.} Ibid : pada - 146

^{60.} Ibid : pada – 162, 163

A person must be sunk in the ocean of painful life due to lack of Haribhakti. It is said that, all the earlier sins are washed away as soon as one utters the name of Kṛṣṇa without any cause. Bāli, Prahlāda, Nārada etc. could have the blessings of Kṛṣṇa easily with the help of chanting Harināma. It is found in the *Bhakti-Pradīpa* that Arjuna utters the name of Kṛṣṇa as his friend and later also repents for that. But it is said that devotion is related with friendship also. The sense of *sakhītva* is found in the relation of Arjuna and Kṛṣṇa.

*Haribhakt*i is that stage of mind, in which the devotee becomes unknown to the knowledge of outside world. When a devotee is deeply engaged in *Haribhakti*, the atmosphere of surroundings becomes irrelevant for him. The devotee chants the name of Kṛṣṇa and attains that stage of happiness which can not be explained. The heart of devotee is melted by uttering the name of Hari and tears come out from his eyes. It is expressed as follows –

kṛṣṇa kṛṣṇa bolante śarīra romāñcita / netrara lotaka jhare drava hove citta // bhakatira ānandata ākula hṛdaya / si janata gailo jānā āpuni bikraya //⁶¹

Sankaradeva opines that it is the stage of ultimate goal. At this stage, the devotee feels immense pleasure and it cannot be compared even to the pleasure of attainment of the heaven.

7.3.2 : Bhakti in the Bhaktiratnākara :

Bhakti plays the central role in the teaching of Sankaradeva. He has repeatedly asserted that discarding all other paths, one should follow the path of devotion. The

^{61.} Ibid : pada - 236

Bhaktiratnākara of Śańkaradeva, written in Sanskrit is a work of immense importance from the point of *bhakti*. In his other scriptures, Śańkaradeva has preached his philosophical views through some narratives or storis. But in the *Bhaktiratnākara*, he has dealt with the concept of *bhakti* without any episodical narraitves. This work is actually a compilation of different verses mainly from the *Bhāgavatapurāņa*, which are the best suited to describe the different aspects of *bhakti*. He has commented upon these verses to express his own views.

In *Bhaktiratnākara*, Śańkaradeva opines that *bhakti* or 'devotion' is the ultimate aim of human life. In India, four goals of humana life are accepted, these are – *dharma* (duty), *artha* (wealth), *kāma* (desire) and *mokṣa* (liberation). Among these four, *mokṣa* is the highest goal.

But Śańkaradeva attaches utmost importance to devotion. In his view, *bhakti* or devotion is superior to mukti.

In Sankaradeva's views, *bhakti* is of the nature of love. It is expressed in the *Bhaktiratnākara* as follows –

parama īśvara bhajanīya deva mota pare āna nāi / kāya-vākya-mane mora pāda-padme bhajā nāma-guņa gāi //⁶²

Quoting from the *Bhāgavata*, Śańkaradeva declares that the *nirguņa* type of *bhakti* is the continuous surge of the mind towards the Lord Who resides in all beings; just by hearing the attributes of Him, one can attain purity of the soul; though he says that *bhakti* can be *saguņa* and *nirguņa*. The surge of the mind is likened to the

^{62.} Bhaktiratnākara; chap.XI (Bhaktiyoga Māhātmya), verse- 424.

continuous flow of the water of the river Ganga towards the sea. This type of devotion or *bhakti* is spontaneous (*ahaituki*) and uninterrupted (*avyavahita*). It is described in the *Bhaktiratnākara* as follows –

nabāñcaya eko kāma jānibā tāhāra nāma bhāgavatī bhakati uttama / mokşata adhika ito bhakatira sukha ati parama ānanda nirūpama // bhaktiye puruşara linga-deha bhagna kare bināyatne mukutika pāve / yena udarara bahni bhuñje prāņī anna yata jīrna kare savāko svabhāve //⁶³

Following Śrīdhara Svāmin, Śańkaradeva explains the term *ahaitukī* as devoid of any desire for fruits (*nişkāma*). *Avyavahita* means without the perception of difference (*bheda-daraśana-śūnya*). Hence, in Śańkaradeva's concept, the *nirguṇa bhakti* is not motivated by any desire. This is the highest type of *bhakti*. Śańkaradeva deals with the best (*uttama*) kind of *bhakti* in the *Bhaktiyoga Māhātmya* of the *Bhaktiratnākara*, which is the same as the *nirguṇa bhakti*. Thus, it is said that the natural (*svābhāvika*) and desireless (*animitta*) inclination of the mind towards God is the *uttama bhakti* or the highest type of devotion. This type of *bhakti* easily destroys the *liṅgaśar*ī*ra* of the *Bhāgavata Purāṇa*, devotion to God is superior to liberation. It is expressed in *Bhaktiratnākara* as –

> animittā bhāgavatī bhaktiḥ siddher garīyasī / jarayatyāśu yā kośaṁ nigīrṇamanalo yathā //⁶⁴

^{63.} Ibid: chap.XII; (Uttama Bhakti); verses- 480.

^{64.} Ibid: chap.XI; verse- 2.

It means, *niṣkām bhakti* to Lord Kṛṣṇa can soon destroy subtle body just as the fire does eaten up food.

Here, *siddhi* means liberation. This type of *bhakti* cannot be attained by any effort. It is attainable by the grace of God only. It is a gift of God. God saves his devotee who worships Him with faithful devotion from death and transmigration. It is expressed in the following ślokas as –

imam lokam tathaivāmumātmānamupayāyinam / ātmānamanu ye ceha ye rāyaḥ paśvo gṛhāh // visṟjya sarvānanyamsca māmeva viśvato mukham / bhajantyanyayā bhaktyā tān mṛtyo ratipā raye //⁶⁵

It means, the Lord provides release from the cycle of birth and death to those devotees alone, who shun the happiness in this world and are devoted to the Lord alone.

Bhakti is not only the best, but the easiest way to *mukti* or liberation. Śańkaradeva mentions that there are many paths of liberation; but among these the path of devotion is the best.

Śańkaradeva also declares that a devotee should surrender completely to God abandoning all other things, even the *śruti*, the *smṛti*, injuctions, prohibitions etc. The importance of surrendering oneself to Lord Kṛṣṇa alone cannot be overestimated in the school of Śańkaradeva, for he repeatedly declares that devotion with supreme surrender (*eka-śaraṇa-bhakti*) is the only way of life. *Eka-śaraṇa-bhakti* is the refrain of all the chapters of *Bhaktiratnākara*. Even if one thinks of Lord Kṛṣṇa alone out of enemity, he can attain the highest goal. In this context, Śańkaradeva refers to Śiśupāla,

^{65.} Ibid: chap.XI; verses- 4, 5.

Pauņdra, Śālva and others who have attained His similarity ($s\bar{a}r\bar{u}pya$) just by contemplating about Him out of enemity and malice. It is expressed in the *Bhaktiratnākara* as follows –

vaireņa ye nŗpatayaḥ śiśupālaśālva pauṇḍrādayo gativitāsavilokanādyaiḥ/ dhyāyanta ākṛtidhiyaḥ śayanāsanādau tatsāmyamā puranuraktadhiyām punaḥ kim //⁶⁶

It means, while the kings, like Śiśupāla, Śālva, Pauṇḍraka and others, thinking of God only in term of enemity, secured the form of the Lord, what to speak of those who worship God with love come to gain His form.

He says that if one can attain God with mere contemplation or ordinary devotion, then what is to be said of him who thinks of Him with love, full devotion and selfsurrender ?

According to Śańkaradeva, *bhakti* is classified into two types; these are , – *sādhana bhakti* and *phalarūpa* or *sādhya bhakti*.⁶⁷ *Sādhana-bhakti* is the mental and physical practices which lead to supreme love towards God. In the first stage of the path of devotion, a devotee has to worship God according to these *sādhanas* or means. *Phalarūpa* or *sādhya-bhakti* is the fruit of this *sādhana bhakti*. In the *Bhāgavata Purāņa*, there are nine kinds of *bhakti*. These are *śravaņa* (hearing), *kīrttana* (chanting or singing), *smaraņa* (remembrance), *pādasevana* (propitiation), *arcana* (adoration), *vandana* (prayer), *dāsya* (offering service), *sakhya* (friendship) and *ātmanivedana* (self-surrender). It is expressed in the *Śrīmad Bhāgavata Mahāpurāna* as follows –

> śravaņm kīrttanam viṣṇouḥ smaraṇam pādasevanam / arccanam vandanam dāsyam sakhyamātmanivedanam //

^{66.} Bhaktiratnākara: chap.XIV; verse- 8.

^{67.} Mahāpuruṣa Jyoti : 2003; Vol- V; p. 93

iti sumsāpitā viṣṇo bhakti ścennavalakṣaṇa /

kriyeta bhagavatyaddhā tanmanyeha dhīta muttamam //⁶⁸

Śańkaradeva has referred to these nine kinds of *bhakti* in his *Kīrttana-Ghoṣa*. It

is expressed in the $K\bar{i}rttana$ -Ghoṣā as follows –

śravaṇa kīrttana smaraṇa viṣṇura arccana pada sevana / dāsya sakhitva vandana viṣṇuta kariba deha arpaṇa // navavidha bhakti viṣṇuta ācarai sehise pāṭḥa uttama /⁶⁹

In *Bhakti-Ratnākara* also, Śańkaradeva has discussed the importance of *śravaņa*, $k\bar{i}rttana$, *smaraņa*, *arcana* etc. However, Śańkaradeva has attached utmost importance to *śravaņa* and *kīrttana* of the attributes and names of Lord Kṛṣṇa. Further, the last *sādhanā*, that is, self-surrender is regarded by him as the highest means of attaining devotion and also liberation.

During the course of devotion, the devotee develops a relation with his God, which is termed *bhakti-bhāva* (mode of devotion). In Vaiṣṇavism, there are five *bhakti-bhāvas*. These are *śānta*, *dāsya*. *sakhya*, *vātsalya* and *madhura*. Among these different modes of devotion, Śańkaradeva favours the mode of *dāsya-bhakti*. He has repeatedly expressed the desire to become the servant (*dāsa*) of Lord Kṛṣṇa. In the *Bhaktiratnākara*, he has quoted different verses from the *Bhāgavata* to show that worshipping Lord Kṛṣṇa as His servant is the highest form of worship, while becoming His servant is the highest goal of life. It is expressed in the *Bhakti-Ratnākara* as follows –

^{68.} Śrīmad Bhāgavata Mahāpurāņa: Book: VII; chap.5; verses- 23, 24

^{69.} Kīrttana-Ghoṣa: Prahlād Caritra; verse- 340.

śravaņam kīttanam dhyānam hareradbhutakar maṇaḥ / janmakarmāguṇāñanca tadarthe' khilaceṣṭ itam //⁷⁰

It means, one should listen to, celebrate ($K\bar{i}rttana$) and meditate on Hari's wonderful deeds and should dedicate to Him all, one's birth, deeds and qualities. Again,

matkathāśravaņe śraddhā madanudhyā namuddhava / sarvatābho paharaņam dāsyenātmani vedanam // 71

It means, one should have reverence in listening to the deeds of God; meditate on the Lord's forms, give up all gains and surrender oneself to the Lord and His servant ($d\bar{a}sa$).

In this way, Śańkaradeva has established in the *Bhaktiratnākara* that the ways of devotion consisting of the listening to and uttering of the names and attributes of the Lord Kṛṣṇa is the highest duty of mankind. Śańkaradeva makes it clear that *bhakti* should be the goal of man.

7.3.3 : Bhakti in the Kīrttana-Ghoṣā :

The *Kīrttana-ghoṣā* is directly connected with the very second kind of *bhakti* or devotion, that is, *Kīrttana* or chanting alone the names and attributes of Lord Kṛṣṇa. In his *Kīrttana-Ghoṣā*, Śaṅkaradeva has made it clear that the path of devotion or *bhakti* is superior to all other means of getting the divine grace. *Bhakti* theory of Śaṅkaradeva is grounded upon 'The Śrīmadbhagavatagītā and The *Bhāgavata-Purāṇa*'. The *Eka-Śaraṇa-Hari-Nāma-Dharma*, which constitutes the core of his Neo-Vaiṣṇavism is

^{70.} Bhakti-Ratnākara; Chap.X; verse, 21.

^{71.} Bhaktiratnākara; Chap.X; verse, 25.

based on the philosophy that Lord Kṛṣṇa is the only Adorable one. This single-minded belief in and surrender to Lord Kṛṣṇa is the essence of *bhakti* in the *Śrīmadbhagavadgītā*. According to Śańkaradeva, Lord Kṛṣṇa can be made a permanent property of the devotee's mind and heart neither by *japa* and *tapa* nor by *yajña* and *dāna*; but by pure devotion alone. Śańkaradeva subscribed to the philosophy of Oneness of Kṛṣṇa-Viṣṇu everywhere, in every particle of the Universe. Therefore, a devotee of Lord Kṛṣṇa should see the Lord in every being. In his *Kīrttana-Ghoṣā*, Śańkaradeva declares that a true Vaiṣṇava is he who loves each and every living being, because his mind is overpowered with Kṛṣṇa-consciousness – a broad minded and divinity surcharged blissfull state in which he hardly finds any distinction between a dog and an untouchable; a jackal and a priest. Therefore, Śańkaradeva strictly prohibited the worship of any other god and recommended the love and devotion with humility and self-surrender to Kṛṣṇa alone. For him; Kṛṣṇa is the mind and destiny, the cause and the effect, the *Upāya* and *Upeya*, the object and objective of the whole hearterd devotee who finds him everywhere.⁷²

In $K\bar{i}rttana$ - $Ghos\bar{a}$, Śańkaradeva describes that among the nine forms of *bhakti*, *dāsya* and *sākhya* are two states of emotional attachment for the Lord. Śańkaradeva described himself as a *Kiṁkara* (servant) of the Lord Kṛṣṇa. Mādhabadeva, who was the most favourite follower of Śańkaradeva used to consider himself as the servant of the Lord Kṛṣṇa. It is expressed in *Kīrttana-Ghoṣā* that for the Vaiṣṇava devotee, the attachment for the Lord itself is the goal of life. They even donot aspire for the final emancipation from this troublesome worldly life. For following this *bhakti* cult, one

^{72.} Kalita, Jagat Ch. (Ed.) (2014). Neo-Vaisnavite Movement in North-East India. Pp. 225, 226.

need not belong to any so called higher class and need not have the help of any priest of any higher caste. In the matter of the marital status of the devotee also, there was no rigidity. Moreover, with regard to the caste-system, a good deal of flexibility gained ground in the society, because, there was no bar for any caste in the matter of hearing (*śravana*) and chanting (*kīrttana*) of the holy names and attributes of the Lord Kṛṣṇa. It is expressed in the *Kīrttana-Ghoṣā* as follows –

nālāge bhaktita deva dvija ṛṣi huibe / nālāge sambhṛta śāstra vistara jānibe // tapa japa yajña dāna save viḍambana / kevala bhaktita tuṣṭa honta nārāyaṇa //⁷³

It means, for devotion, one need not be gods, *dvija*, sage; and need not acquire knowledge of many scriptures. Penances, silent prayers, sacrifices, gifts are mere deceptions. Nārāyaṇa remains content only with devotion.⁷⁴

In the $K\bar{i}rttana-Ghoṣ\bar{a}$, Śańkaradeva describes the stories of Ajāmila, $gr\bar{a}ha$ gajendra etc. and from them, we can understand that a sinner can attain salvation by uttering the names of God without any knowlegde. Ajāmila uttered the name of his younger son Nārāyaṇa at the time of his last breath and he achieved the ultimate goal of life; that is, salvation. It is expressed in the $K\bar{i}rttana-Ghoṣ\bar{a}$ as follows –

> maribara velā ito ajāmile nārāyaņa nāma laila / kauti janamara yata māhāpāpa tāro prāyścitta bhaila // samsārata yata āno asmkhyāta āchai mahā pāpigaņa / savāro ehise mukhya prāyaścitta harira nāma kīrttana // ⁷⁵

^{73.} Kīrttana-Ghoṣa. Prahlād Caritra; verse- 380.

^{74.} Saikia, Purananda (2005) : Śrīmanta Śankaradevar Kīrttana-Ghoṣā, P. 192.

^{75.} Kīrttana-Ghoşā. Ajāmila Upākhyāna; verses - 182, 183.

It means, Ajāmila uttered the name of Nārāyaṇa at the time of death, and then all his sins were atoned. There are countless worst sinners in the world; but for them, the name of *Hari* is the atonement foremost for all sins committed.

In this way, Śańkaradeva expressed in *Kīrttana-Ghoṣā* that the best way unto the Lord Kṛṣṇa is that of *bhakti*; i.e., devotion to Kṛṣṇa with love. Śańkaradeva stressed *śravana* and *kīrttana* as the two modes of *bhakti*. Howerr, as far as the relation between a devotee and God is concerned, *dāsya bhakti* is highly eulogized.

Śańkaradeva gives more importance to *bhakti* than knowledge. According to the philosophy of Śańkaradeva, men can gain liberation in the *Kaliyuga* only through the stress of *bhakti* and *bhakti* alone. It is expressed in the *Kīrttana-Ghoṣā* as follows –

aprayāse sije kalita puņya / kalira śunā yena mahāguņa // kariyā kīrttana kalita āti / pāvai vaikuņṭḥaka cautriśa jāti // hari nāma ghuși kali yugata / nichaye huibeka loka bhakata //⁷⁶

It means, in kaliyuga, one can earn virtue by singing Hari's nāma and can ascend to Vaikuņțha. By chanting Hari's nāma, people shall surely be God's devotee.⁷⁷

Men cognise the false world as true due to ignorance. Knowlede is very much necessary to remove this ignorance. But for Śańkaradeva, this knowledge can be attained only through *bhakti*. Knowledge does not arise without *bhakti*. There is no contradiction between *bhakti* and knowledge. Knowledge arises from *bhakti* and by

^{76.} Ibid. Pāşaņda-Marddana; verses - 73, 75.

^{77.} Saikia, Purananda (2005). The Kīrttana-Ghoṣā, Pp. 37, 38

this knowledge men can attain the ultimate goal of life; i.e. *mukti*. It is expressed in the *Kīrttana-Ghoṣā* as follows –

bhaktira bale jñāna labhilā nirguņa / jīvante mukuta hui rahilā arjjuna //⁷⁸

It means, by virtue of devotion, Arjjuna achieved Supreme Knowledge.⁷⁹

So, it can be said that, according to Śańkaradeva, *bhakti* is *mati*, *gati*, *deva*, *dvija* and the power of life. It is the ultimate goal of human life and the root of salvation. According to Śańkaradeva, the $j\bar{i}va$ can get itself liberated from the bondage of the world and can realise its identity with God with the help of devotion, which begets knowledge.⁸⁰

Though *bhakti* is the way of getting *mukti*, it is greater that *mukti*. This has been clearly explained by Śańkaradeva in his *Bhakti-Pradīpa*, *Bhaktiratnākara* and the *Kīrttana-Ghoṣā*. Here, Śańkaradeva speaks about *niṣkāma bhakti* or desireless devotion which is greater than *mukti*. According to Śańkaradeva, a true *bhakta* cares not for mukti; he cares for devotion and devotion alone. He sacrifices his life in the service to God. Nothing is desirable to him apart from the service of God and he has no desire even for salvation. In return, God also loves him.

Devotion or *bhakti* is an emotional process of realising the Supreme. It is not easy to define devotion. In religion, devotion means to worship God, to adore and to love God. More appropriately it means loving devotion.⁸¹ It is expressed in the $K\bar{r}rttana-Ghos\bar{a}$ as follows –

^{78.} Kīrttana-Ghosā; Sri Kṛṣṇara Vaikunth Prayāna; verse - 1956

^{79.} Saikia, Purananda (2005). Kīrttana-Ghoṣā, p. 944.

^{80.} Sarma; S.N, (2016). The Neo-Vaisnavite Movemant and the Satra Institution of Assam. p. 48.

^{81.} Dhavamony, M. (1971): Love of God According to Śaiva Siddhāntha; p. 22

tumisi parama priya ātmā nārāyaṇa / tayu pada paṅkaje majoka mora mana // premabhāve sudurllabha tohmāka smaraṇa / yena tena mate karo sravaṇa kīrttana // sadāya thākoka mora mana tayu pāve / bolā hari hari āve prāṇa thāke yāve //⁸²

According to Śańkaradeva, in the form of soul, God is present within all beings, whether it is man or it is animal. In othere words, there is the same $Parm\bar{a}tm\bar{a}$ in man or in a cow, in a dog, in a fox or in a donkey. Such equality and equanimity towards all creatures enabled Śańkaradeva's *bhakti dharma* to attract people to accept *bhakti dharma* and to become disciples without notice of their castes, creeds or religions. It is expressed in the *Kīrttana-Ghoṣā* as follows–

kukura śrgāla garddabharo ātmārāma / jāniyā savāko pari karibā praņāma // samasta bhūtate viṣņubuddhi nohe yāve / kāya-vākya mane abhyāsivā ehi bhāve // viṣņumaya dekhai yiṭo samaste jagata / jīvante mukuta hovai acira kālata //⁸³

In this way, Śańkaradeva builds through his *bhakti dharma* a broad platform of secularism and integration in Assam. The seed of integration of his *bhakti-dharma* and culture is innate in the character and attributes of Lord Kṛṣṇa. So, it can be said that Śańkaradeva had established integration in society on the basis of Kṛṣṇa story, where is no caste, no creed and no religion; and these all are reflected in his great book the $K\bar{r}ttana-Ghoṣ\bar{a}$, whose main object is *bhakti*.

^{82.} Kīrttana-Ghoşā: Vedastuti; verses - 1658-1659.

^{83.} Ibid: Śri Kṛṣṇara Vaikuņțh Prayāna; verses - 1823, 1824

7.4 : Cāri Vastu or Cāri Khuți of Śańkaradeva's Bhakti-Dharma :

There are four fundamental principles (*cāri vastu*) or the four pillars (*cāri khuți*) in Śańkaradeva's *bhakti dharma*. These four principles are –

- (i) The *Guru* (the spiritual preceptor)
- (ii) The *Deva* (the worshipful deity)
- (iii) The *Nāma* (the celebration of the deity's names and attributes as the way unto Him) and
- (iv) The *Bhakata* (the devotees of the Deity)

But these principles are essentially one, because $n\bar{a}ma$ is *deva* in worded form and either *guru* or *bhakata* as individual soul is non-different from the Supreme soul *deva*.⁸⁴

These cāri vastu are explained below -

(i) The *Guru*: The first pillar of *bhakti* is the guru or the spiritual preceptor. There are three kinds of guru. One's own father is called the $\bar{A}dya$ guru. Next guru is he who gives formal education. Third and the best guru is he who leading a pure and dedicated life, gives instruction about the path of devotion. His instructions are based on his own spiritual experience. He is abored as the Lord. It is expressed in the first chapter of the *Bhaktiratnākara* as follows –

bhrātrvyamenam tadadabhravīryamupeksayā' dhyesitamapramattam / gurorharicaraņopā sanāstro jahi vyalīkam svayamātmamosam //⁸⁵

It means, one should cut across the vagaries of the mind with the sword in the form of worship of the guru who is no other than Hari Himself on that account.

^{84.} Goswami. Ashok (2017) : The Bhaktiratnākara of Śańkaradevar ; p. XXXV.

^{85.} The Bhaktiratnākara : chap.1; verse -8.

(ii) The Deva : Deva implies taking resort to the Lord, that is "Kṛṣṇa". One should surrender to Kṛṣṇa because He is one Who can rescue one from the world of bounds. Lord Kṛṣṇa can be realized through the path of *bhakti* only. It is ascertained that Kṛṣṇa is the only worshipful deity. It is expressed in the *Bhaktiratnākara* as follows –

tvameka evāsya satah prasūtistvam

sannidhānaṁ tvamanugrahaśca /

*tvanmayāyā samvṛtacetasastvā*m

paśyanti nānā na vipaścito ye //⁸⁶

It means, Lord Kṛṣṇa is the only source, maintenance and the place of ultimate dissolution. He is spiritually enlightened, Who is indivisible.⁸⁷

(iii) The *Nāma* : *Nāma* means unconscious words coming out from the mouth, but to a *bhakta*, it is the awakening of subtle self-consciousness. Here, the devotee takes resort to *nāma* or "prayer". In other words, *nāma* means the celebration of the names and attributes of Lord Kṛṣṇa (*Hari*) as the path unto Him. The only path unto the Lord Kṛṣṇa is called the path of *bhakti*. It is expressed in Mādhavadeva's *Nāma-Ghoṣā* as follows –

hariguṇa nāma gāva ānanda kari mane / chintāmaṇi tanu bhāi biphala kara kene //⁸⁸

(iv) The *Bhakata* : The concept of *bhakata* stands for the intimate social bond. Through $n\bar{a}ma$, the devotee elevates himself from the level of self-consciousness to the

^{86.} Ibid : chap.1; verse - 30

^{87.} Goswami. Ashok (2017) : The Bhaktiratnākara; p. 52.

^{88.} Mādhavadeva's Nāma-Ghoṣā : verse- 415.

level of social consciousness. A true selfless devotee works for the society.⁸⁹ and he is ever engaged in singing the praise of the Lord Kṛṣṇa. It is expressed in $N\bar{a}ma$ -Ghoṣā as follows-

> ekānta bhakata save nirguņa kṛṣṇara guṇa gāve sadā vasiyā yathāta / vaikuņṭḥako parihari yogiro hṛdaya eri thākā hari sākṣāte tathāta //⁹⁰

7.5 : Bhakti Rasa of Nāma-Ghoṣā by Mādhavadeva :

Mahāpuruşa Mādhavadeva was the greatest and most faithful disciple of Mahāpuruşa Śrimanta Śaṅkaradeva, the propounder of *Eka-Śaraṇa-Hari-Nāma-Dharma*. Śaṅkaradeva asked Mādhavadeva in 1568 AD to compose a scripture which would be saturated with philosophy and would also taste very fine with devotional fervour at the same time. *Nāma-Ghoṣā* was the result of that exhortion by the saint. Therefore, it can be called a homage by Mādhavadeva to his preceptor.

 $N\bar{a}ma$ - $Ghoş\bar{a}$ is the unique and legendary literary creation of Mādhavadeva. It was composed in verse form, i.e., in poetic form. The verses are called $ghoş\bar{a}$. Total one thousand and one $ghos\bar{a}$ s have been incorporated in this book and so it is also called $H\bar{a}j\bar{a}r\bar{i}$ - $Ghos\bar{a}$. This book is the epitome of $d\bar{a}sya$ bhakti, in which Mādhavadeva regards himself as the servant of $\bar{I}svara$. Through bhakti, one can attain mukti – is the main essence of $N\bar{a}ma$ - $Ghos\bar{a}$.

Nāma-Ghoṣā is the *magnum* opus of Mādhavadeva. It is one of the four fundamental scriptures (*Cāri Puthi*) of Assam Vaiṣṇavim. *Nāma-Ghoṣā* means verses

^{89.} Mahanta : 2015; Pp. 45, 46 Ibid: verse -4.

^{90.} Mādhavadeva's Nāma Ghoṣā : verse- 4

containing God's name which is meant for community prayer. The saint advised his disciples to sing and listen to the name and attributes of God. Invariably these singing had to be done in verse, not prose. $N\bar{a}ma$ - $Ghos\bar{a}$ by Mādhavadeva fulfilled the requirement of the devotees for such verses. But it was at the same time also a treatise on the *Eka-Śaraṇa-Hari-Nāma-Dharma*. *Nāma-Ghosā* achieved its purpose of preaching *Eka-Śaraṇa-Hari-Nāma-Dharma* aesthetically. This scripture is known by the name of *Hājārī--Ghosā* as well as it contains one thousand verses in different metres. It goes generally by the name of *Ghosā-Śāstra* among the Assamese people.

According to hagiographical literature, $N\bar{a}ma$ - $Ghos\bar{a}$ is the icon of Mādhavadeva in words. What he received from the scriptures and his Guru, what he realized within his heart and what he received as grace of God – all are there in $N\bar{a}ma$ - $Ghos\bar{a}$.

The $N\bar{a}ma$ -Ghoş \bar{a} is the epitome of $d\bar{a}sya$ bhakti in which he regards himself as the servant of $\bar{l}svara$. By thinking oneself as the most insignificant and inferior person, one's pride and jealousy, greed and ambitions, etc. are vanished and one attains the tranquility of mind. But in such a state, the qualities like love, sympathy and compassion also disappear from mind and the prayers seem dry. Hence, the saint Mādhavadeva seeks his salvation in bhakti which to him is full of rasa (rasamaya bhakti). To have rasamaya bhakati, one should sacrifice enjoyment and should remain satisfied with whatever he possesses. Mādhavadeva wrote in his first verse (ghoṣā) –

> muktito nispṛha yito sehi bhakataka namo rasamayī māgoho bhakati / samasta mastaka maṇi nija bhakatar baśya bhajo hena deva yadupati //⁹¹

^{91.} Nāma-Ghoṣā: verse -1

It means, I pay homage to that devotee who is not interested even in salvation. I seek (only) the tasteful devotion. I pay homage to the Lord, the head of the Yadu race and the cynosure of all beings, who is subservient to his own devotees.

The true *Bhakata* (devotee) is indifferent to personal salvation and is content to serve God with his praise. $N\bar{a}m$ is the bridge between the objective existence of Godhead and the subjective raptures of *Bhakti*. *Bhakti* is the highest mode of worship as it cleanses the mind completely and is available to the meanest of men – for example

vișaya sambandha sukha samasta yonite pāya harisevā eko thāne nāi harira sevāra yogya kevale manușya tanu jāni phurā hari guṇa gāi //⁹²

It means, – Carnal pleasure can be had by all creatures, but God-worship can be performed only in a human body. So, one should utilize this birth and go around singing the glory of God after getting this body suitable for God-worship.

And it is especially suitable to the epoch of universal corruption, KaliYuga, which has tarnished everything else, for example –

ghora kaliyuga yata dharma karma save karileka dūra yijane kevale hari nāma lave puruşa si si catura //⁹³

A most interesting consequence is the thoroughly democratic and humanistic character of *bhakti* as expounded by Mādhavadeva. It is said to be most appropriate form of worship for the unlettered and unsophisticated masses. *Hari- nāma* is also the

^{92.} Ibid: verse -28.

^{93.} Ibid: verse -268.

highest form of worship because it is available to all humanity without exception, for example –

parama nirmala dharma hari nāma kīrttanata samsate prāṇira adhikāra etekese hari nāma samaste dharmara rajā ehi sāra śāstrara vicāra //⁹⁴

Learning and austerities are not considered passport to salvation. In fact logical polemics are decried as danger to the soul. It is *bhakti* that throws wide open the doors of heaven to the poor and the unlettered.

The dominant metaphor of bhakti in the *Nāma-Ghoṣā* is that of 'rasa'. It is like nectar, like water to thirsty souls, like honey. And *Bhakti* itself is like a "river of love" expressing the glory of the celestial world, and it is Śaṅkaradeva who made it over-run its banks through the whole world. There is again an enchanting image of *bhakti* as a lake of sweet water with bees drunk on the honey of lotus-flowers and swans crooning the name of God. The verb repeated most often is "to drink". But this sublime experience comes only to him who has prostrated himself absolutely at the feet of the world's master. Hence, the next important metaphor is that of the slave, the servant, who takes refuge in the service of God. There are traditional gesture of submission like taking straw grass in one's teeth, holding the master's feet, and in one striking instance, of selling oneself as a slave.

Mādhavadeva affirmed Śri Kṛṣṇa as God, the Almighty by saying that kṛṣṇa eka deva dukhahārī kāla māyādiro adhikārī kṛṣṇa bine śreṣṭḥa deva nāhi nāhi āra /

^{94.} Ibid: verse -118.

sṛṣṭi sthiti antakārī deva tānta bine āna nāhi keva jānibā viṣṇuse samasta jagate sāra //⁹⁵

It means – Viṣṇu is the creator, saviour and destroyer and only He can allay the pain of a distressed person and none other than Kṛṣṇa is greater. Śrī Kṛṣṇa is the ultimate source of all energies and chief of all incarnations.

On the part of himself, Mādhavadeva feels very deeply that he is fully ignorant, does not know how to adore the God, the *Parameśwara* and so he begs forgiveness for his ignorance and prays the God to give shelter in his lotus feet. He expressed selfsurrender, self diminution, self remorse, self sacrifice through his servitude devotion. He never sought liberation but wanted endless pleasures by hearing and chanting the Divine glories of Lord Śrī Kṛṣṇa through servitude devotion. He believed that devotion is meaningless if it does not purify the minds and hearts of the people. His heart was melted with Divine power of God, with the glories of his spiritual master Śańkaradeva and by the nectar juice of *Śrimadbhagavadgītā* and many other vedic scriptures.

From the above discussion, we fmd that *Nāma-Ghoṣā* is the magnum opus of Mādhavadeva, in which the scholarship in all vedic literatures, intelligence, the poetical proficiency, the essence and emotions, the deep servitude adoration to Śań karadeva and to Lord Kṛṣṇa and *rasamaya bhakti* - all are equally manifested. So, it is an unique, perfect and holy scripture of Assam Vaiṣṇavism.

Mahāpuruşa Mādhavadeva propagated the tenets of *Nāma-Dharma*, with the verses of *Nāma-Ghoṣā*. It is called one of the most essential, powerful, and effective pillar of *Eka-Śarana-Hari-Nāma-Dharma*. It is like a ripen fruit with full of delicious

^{95.} Ibid: Verse -588.

divine juice which gives extreme pleasure to the ears and palate bonding emotionally the minds and hearts of the Assamese people. It is sung in joy, sung in sorrow and interestingly it is sung by the illiterate too. This is the *bhaktirasa* which was expressed in of *Nāma-Ghoṣā śāṣṭra*.

7.6 : Nine Kinds of Bhakti :

In Sankaradeva's *bhakti dharma*, there is an explanation about nine types of *bhakti*. Though these nine types of bhakti function differently, yet they have the same purpose of God-realisaion. These nine kinds of bhakti or devotion are –

- (i) *Śravaņa* (hearing the name of God).
- (ii) *Kīrttana* (chanting the names and attributes of God)
- (iii) *Smaraņa* (remembrance)
- (iv) Arcana (worshipping)
- (v) Vandana (adoring)
- (vi) *Pādasevana* (service)
- (vii) *Dāsya* (attitude to serve)
- (viii) Sakhya (friendly attitude)
- (ix) *Atma-nibedana* (Self-surrender)

These nine forms of *bhakti* are not self-sufficient by themselves. According to Śańkaradeva, these are complementary to one another. A full-fledged devotion to God requires all these factors, though Śańkaradeva puts utmost importance to the *Śravana* and *Kīrttana* forms of devotion.

These nine kinds of devotion are discussed one by one in the following :

7.6.1: Śravaņa (Hearing the Name of God) :

Śravaņa means hearing of God's virtues, sports in connecion with His Divine Name and Form. It is the first step in the spiritual movement. In order to know about God, the inner enlightenment is needed. For this spiritual enlightenment, hearing about the holy names and Divine life of Kṛṣṇa is indispensable. In Śańkaradeva's *bhakti dharma*, *satsaṅga* or the association with the holy person is another important aspect. Hearing the religious discourse from them purifies the mind from all irrelevant thoughts. In the *Bhakti Pradīpa*, Śańkaradeva describes *śravaņa* as follows –

> mora kathā śravaṇata karibeka rati / ākese bulio sakhi uttama bhakati //⁹⁶

Again, in the Bhaktiratnākara, Śankaradeva explains śravaņa as follows -

īśvara kṛṣṇara līlā-caritra yi jana / parama śraddhāye sadā karanta śravaṇa // ati alpa kāle āsi tāhāra hiyāta / honta bhagavanta krsna prakāśa sāksāta //⁹⁷

Hearing is such a powerful medium for spiritual realisation that it produces a strong impact upon the psychological make-up of people. But, mechanical hearing does not work unless the subject can call of his mind from external engagement. Hence, with the great power of attention, one should listen to the divine life of Kṛṣṇa.⁹⁸

^{96.} Śańkaradeva : The Bhakti-Prad ipa; verse- 28.

^{97.} The Bhaktiratnākara : Chap. 7 (Śravaņa Māhātmya); verse- 216.

Mahanta, Nirupama (2015) : The Mystical Thoughts of Śrī Śrī Śaṅkaradeva and Śrī Śrī Mādhavadeva; p.49

7.6.2 : *Kīrttana* (Chanting the Holy Names and Attributes of God) :

 $K\bar{i}rttana$ means singing the holy names and attributes of Lord Kṛṣṇa and His glories. It is an undeniable fact that music has a profound influence on man and it has the capacity of changing the minds of people in a more effective way. $K\bar{i}rttana$ can easily change the hearts of people, because $K\bar{i}rttana$ or prayer is very sweet and pleasant.⁹⁹

It is found in *Bhaktiratnākarā* that whoever sings the name of Lord Kṛṣṇa with the full respect, then all the desires vanish and the mind of the devotee is purified. Again *Kīrttana* has such powerful impact that it washes away all sorts of dross and drain of the mental process. Like the rising Sun which ruins darkness, the loving devotion to Kṛṣṇa, which arises due to the constant recitation of the holy name of Kṛṣṇa, also puts an end to all sorts of miseries and sufferings. The chanting of the nāma, the recitation of the glories of the Lord Kṛṣṇa, discussion of the spiritual matters including the singing of the *Śrimadbhagavadgītā* and acting in the religious drama are considered as the five kinds of *Kīrttana*.¹⁰⁰

Sankaradeva explains the notion of *Kīrttana* in his *Bhakti Ratnākara* as follows-

bolanta kṛṣṇaka tayu nāma yiṭojana / aksmāte mukhe mātra karaya kīrttana // etekate siṭo mahā pavitra hoyaya / śunantā sabāko sadā pavitra karaya // kariyo kīrttana kṛṣṇa nāma-guṇa caya / ātapare āna śreṣṭḥa dharma nāhikaya // mahā mokṣa-dātā kīrttana bine nāi /¹⁰¹

^{99.} Swami, Sivananda (1981) : Essence of Bhakti Yoga; p. 30.

^{100.} Mahanta, Nirupama (2015) : The Mystical Thoughts of Śrī Śrī Śaṅkaradeva and Śrī Śrī Mādhavadeva; Pp. 50-53.

^{101.} The Bhaktiratnākara : Chap. 8 (Kīttana Māhātmya); verses- 345, 346, 372

7.6.3 : Smarana (Remembrance) :

Smaraņa is the remembrance of the Lord in all the moments. It is a good method of introversion, to turn the extrovert mind inward. This is an unbroken memory of the name and form of the Lord Kṛṣṇa. The mind meditates on what is known about the glories of God and His virtues, names etc. Constant remembrance is the fruit of all their spiritual *sādhanās*. Remembrance of the Lord is similar to the Yogin's concentration or meditation.¹⁰²

According to Śańkaradeva, *Smaraņa* is as important as *Kīrttana*. With the help of *Smaraņa*, one can attain the supreme state of beautitude. It purifies the mind, because constant remembrance of Kṛṣṇa destroys the sin and establishes firm faith in Kṛṣṇa. Detachment towards the material body is inevitable. Knowledge of God and loving devotion ulitimately culminate in the mystical union with the Supreme.¹⁰³

Sankaradeva explains Smaraņa in his book Bhakti-Pradīpa as follows –

yāhāka smaraņe hove vaikuņţḥata vāsa / hena kṛṣṇa devaka nabhaji hove nāśa //¹⁰⁴ Again, in the Bhaktiratnākara, Śaṅkaradeva describes Smaraṇa as follows – kṛṣṇa pāda-padma smaraṇese mātra

samasta dharmara phala // kṛṣṇara caraṇa sadā smare yiṭo pāpa māne hove kṣaya / hove citta-śuddhi kṛṣṇa pāve buddhi niṣṭḥā hove atiśaya //¹⁰⁵

^{102.} Swami, Sivananda (1981) : Essence of Bhakti Yoga; p. 32.

¹⁰³ Mahanta, N. (2015): The Mystical Thoughts of Śrī Śrī Śańkaradeva and Śrī Śrī Mādhavadeva; p.54

^{104.} The Bhaktiratnākara: verse- 118.

^{105.} Ibid: Chap. 9 (Smaraņa Māhātmya), verses -385, 386.

One can also attain the supreme experience even by hateful remembrance of God. Kings Śiśupāl, Śālva etc. also became liberated by constant remembrance of God as their enemy. But, Śańkaradeva approves the loveful remembrance as the most ideal type of remembrance. Prahlāda attained redemption with the help of such loving remembrance. It is expressed in *Nāma-Ghoṣā* as follows –

nitānte harika kare dhyāna / hari vine nedekhanta āna // sadāye kṛṣṇara guṇa kahe / cittata dharila kṛṣṇagrāhe // nedoi mane govindara pāva / kṛṣṇata upajai premabhāva //¹⁰⁶

At the end, it can be said that *Smarana* is considered as the most subtle process for attaining the Supreme.

7.6.4. : Arcana-Vandana (Worshipping-adoring) :

By Arcana-Vandana, Śańkaradeva means worship. Śańkaradeva follows the instruction of the Śrimadbhagavadgītā in depicting the manners of worship, which are simple and lack of complicacy in contrast to the Vedic ways of worship. God should be worshipped with the help of flower, water and leaf. God is appeased even while He is offered 'a handful of water' and a single leaf of *Tulasi*. It is expressed in the Śrimadbhagavadgītā as follows –

patram puspam phalam toyam yo me bhaktyā prayacchati / tad aham bhakty-upahṛtam aśnāmi prayatātmanaḥ //¹⁰⁷

^{106.} Kīrttana-Ghoṣā: Prahlād Caritra; verses- 323, 324.

^{107.} Śrimadbhagavadgītā : chap.-9; verse - 26

It means, if a true devotee offers a leaf, a flower, a fruit or water with love to Lord Kṛṣṇa, then He will accept it.

Śankaradeva expressed in his Kīrttana-Ghoṣā as follows -

bhakata sakale pūjai phule jale tusta hao tāke pāi / abhakate yadi nānā dravya deya tāto mora tusti nāi //¹⁰⁸

Some people again worship Kṛṣṇa with the desire for fruit. They might achieve the desired end; but self-centered achievements are temporary and lack of lasting effect. But, those who worship passionately without any desire, enjoy the supreme delight.

According to Śańkaradeva, the selfless worship is the best kind of worship. A selfless devotee worships Kṛṣṇa whole heartedly by dedicating his life at the feet of God. In such devotion, the highest pleasure arises. It is expressed in $K\bar{t}tana-Ghos\bar{a}$ as follows –

parama guputa	harināma dharma
jāni āso śuddh	abhāve /
yāka ācarile	țḥāvata basiyā
durlabha mukuti	pāve //
harita bhakati	karoi sarbadāye
kariyā kīrttana k	arma /
manușya lokara	ehimāne mātra
purușara śreșțh dharma //	
harināma dharma	smaraṇa mahimā
dekhiyo dūta san	nprati /
pāpī ajāmilo	nārāyaņa buli
pāileka parama gati // ¹⁰⁹	

^{108.} Kīrttana-Ghoşā: Damodar Bripropākhyāna. verse - 1594.

^{109.} Kīrttana-Ghoşā : Ajāmila Upākhyāna; verses- 193, 194.

Thus, there is one road and that is the worship of Krsna which arrests all kinds of worldly evils and provides peace.

7.6.5: Pādasevana (Feet-Worship) :

 $P\bar{a}dasevana$ means serving the Lord Kṛṣṇa's lotus-feet. By $p\bar{a}dasevana$, Śaṅkaradeva means the proper maintenance of $N\bar{a}mghar$, to arrange the offerings etc., Such service gives rise to the thoughts of self-humility or meekness. In this sense, $p\bar{a}dasevana$ is regularly practised by a devotee who is particularly engaged in performing such actions.¹¹⁰ In the Nāma-Ghoṣā, it is expressed as---

namo haripada	pankaja yugala
bimala sukh	a-sāgara /
anādi ananta	santa sadāśiva
bhagavante l	bhayahara //
tumisi parama	guru nārāyaņa
tuva pade ka	ro seva // ¹¹¹

7.6.6: *Dāsya* (Attitude to Serve) :

 $D\bar{a}sya-bhakti$ means the love of God through self-submission. Considering oneself as a servant of God, one expresses $d\bar{a}sya-bhakti$ by serving God and carrying out His wishes. Śańkaradeva expresses the sheer helplessness before the Lord Kṛṣṇa through his writing. It seems that he took recourse to this $d\bar{a}sya-bhakti$ for his spiritual union with the Supreme. Śańkaradeva encouraged $d\bar{a}sya-bhakti$ as it arouses immediate power in the minds of the devotees to withdraw pride or egoism which stands as the main obstacle on the path of devotion.¹¹²

^{110.} Mahanta, N: The Mystical Thoughts of Śrī Śrī Śańkaradeva and Śrī Śrī Mādhavadeva; p.56.

^{111.} Mādhavadeva's Nāma-Ghoṣā : verses- 192, 196.

^{112.} Mahanta, N. (2015): The Mystical Thoughts of Śrī Śrī Śaṅkaradeva and Śrī Śrī Mādhavadeva; Pp.57, 58.

According to Śańkaradeva, the devotion of a house-holder is futile without *dāsya-bhakti*. In Śańkaradeva's word, *dāsya-bhakti* is expressed in the following –

> tohmāra akāma bhṛtya āmi / tomiyo niṣkāma mora svāmī // nāhi kāma āhmāra anyathā / nuhi rājasevakara yathā //¹¹³

It means, a true devotee is a desireless servant of God and God is also the desireless Master of the devotee. A devotee has no other desires as cherished by the servant of a King.

In another verse, Śańkaradeva also describes as -

nikinilā dāsi bhajiloho āsi gītate huyā dagadha / kaṭākṣe mārile vadha ki nalāge astre kāṭilese vadha //¹¹⁴

In this way, Śańkaradeva expresses dāsya bhakti in his book.

7.6.7 : Sakhya (Friendly Attitude) :

Sakhya means the cultivation of the friendly sentiment with God. To think of God as the constant companion, as one's relative or friend, to love Him as one's own self, is the sakhya-bhāva. It is an important constituent element in the path of devotion. It signifies the intimate relationship between man and God. The friendly sentiment towards God indicates that God is not a terrifying Personality, but He is sweet and loving. People can approach Him without any hesitation. Friendly sentiment is

^{113.} Kīrttana -Ghoşā : Prahlād Caritra; verse- 451.

^{114.} Kīrttana Ghoşā: Rāsa-Krīdā; verse- 892.

encouraged by Mādhabadeva. He observed that a devotee can establish life-long frienship with God without any fear of separation as He is ever-present.¹¹⁵

The relation between Kṛṣṇa and Arjuna is the best example of *sakhya*. Śaṅkaradeva writes in his *Bhakti-Pradīpa* as –

> mādhave dekhanta sakhira manata gucila pātaka yata // sambodhi bolanta bandhu dhanañjaya śuddha bhailā moka smari / bhakata lakṣaṇa mahimā adbhuta śunā sāvadhāna kari //¹¹⁶

7.6.8. : *Ātmanivedana* (Self-Surrender) :

Ātmanivedana means self-surrender. The *Bhāgavata purāņa* and the *Śrimad Bhagavad Gītā* accept self-surrender of the self. The devotee no longer feels the existence of his ego, he has no personal or independent existence, he is the mere instrument of God.

In the Śrimadbhagavadgītā, it is expressed as -

sarva dharmān parityajya mām ekam śaraṇam vraja / aham tvām sarva-pāpebhyo mokṣayiṣyāmi mā śucaḥ //¹¹⁷

It means, Kṛṣṇa said Arjjuna, - Abandon all varieties of religion and just surrender unto Me. I shall deliver you from all sinful reactions. Do not fear. ¹¹⁸

 ^{115.} Mahanta, N. (2015) : The Mystical Thoughts of Śrī Śrī Śaṅkaradeva and Śrī Śrī Mādhavadeva;
Pp. 57, 58.

^{116.} The Bhakti-Pradīpa; verses- 122-123.

^{117.} Śrīmadbhagavdgītā : chap. 18; verse- 66.

^{118.} Swami Prabhupāda (1986) : Śrīmadbhagavadgītā-As it is; p. 740.

These are the nine ways of *bhakti*, which are found in Śańkaradeva's *bhaktidharma*. Among these nine forms of *bhakti*, *śravaņa* (hearing the holy name of Lord Kṛṣṇa) and *Kīrttana* (chanting the holy names and atteibutes of Lord Kṛṣṇa) are the best forms to attain salvation according to Śańkaradeva's. He expresses it as follows –

> yadyapi bhakati navabidha mādhavara / sravaņa kīrttana tāto mahā śreṣṭḥatara //¹¹⁹

It means, although there are nine kinds of devotion of Mādhava, *śravaņa* and $k\bar{i}rttana$ are the best among them.

While *śravaņa* and *Kīrttana* lead one to the supreme mystical experience, the other subsidiary forms remain as auxiliaries.

Though *śravaņa* and *kīrttana* are the best forms of *bhakti* for Śańkaradeva, it does not mean that the other seven forms of *bhakti* are meaningless. They are included in *śravaņa* and *kīrttana*. Even though, Śańkaradeva considers *śravaņa* and *kīrttana* as the best forms of *bhakti*; he regards *śravaņa* as the beginging of *bhakti*. The main duty of a devotee is hearing the holy name of Lord Kṛṣṇa. *Śravaṇa-kīrttana* is very simple since there is no hard and fast rule in *śravaṇa* and *kīrttana*. All men can do *śravaṇa* and *kīrttana* of *Hari-kathā*. *Śravaṇa* creates an interest in *Hari kathā* which naturally leads one to chant the names and attributes of Kṛṣṇa. This act of chanting the names of God is called *kīrttana*.¹²⁰ Hence, *śravaṇa* and *kīrttana* are the best *bhakti*.

Bhakti, without bhakta is meaningless. On the basis of the different stages of bhakti, Śańkaradeva in his work Bhaktiratnākara divides devotees into three types.

^{119.} Śrīmad Bhāgavat Mahāpurāņa : Book- I; chap. V. verse - 38.

^{120.} Sarma. S.N. (2016) : The Neo Vaișnavite Movement and the Sattra Institution of Assam; p 76.

These are – *uttama bhaktas, madhyama bhaktas* and *prākṛta bhaktas*. Among these three, *uttama bhaktas* are the highest type of *bhakta*, which is above all cupidity, ahamkara, jealousy etc. as he knows that the world is the formation of *māyā*. He desires only to serve God as his servant. As a result, he remains peaceful and fair-minded constantly. In the philosophy of Śańkaradeva, this *uttama bhakta* is known in various terms such as *mahābhakat*, *param bhakat* etc.

Prākṛta bhakatas are known as *adhama bhakatas* who adore God in different idols. He adores not the other devotees as well as no respect for any other being. According to Śańkaradeva, in the course of time, *prākṛta bhakatas* can become *uttama bhakata* as a result of devotion.

Madhayama bhakatas are greater than $pr\bar{a}kra$ bhakatas, but lesser that uttama bhakatas. These are those bhakatas who adore God and see God in all, they generate friendship with other bhakatas. They forgive their opponents and are kind to the afflicted ones. These are but the four ways of serving the Lord. He also follows the advice of the spiritual leaders with great reverence. It is expressed in the Bhaktiratnākara as follows –

īśvaraka dekhe jiţo mane samastate / samānata maitrī kare prīti uttamata // bipakşata kşamā kare kṛpā duḥkhitata / jānā rājā sehijana madhyama bhakata //¹²¹

In Śańkaradeva's writings, it has been repeatedly mentioned that even the sinners can purify themselves, if they become penitents and lead a spiritual life. Śańkaradeva advises to forgive the sinners who want to rectify themselves with the aid

^{121.} The Bhaktiratnākara: Chap. 18; (Madhyama Bhakatara lakṣaṇa), verse- 600.

of devotional love. God is love, so the sinner should seek shelter in God. It is expressed in the *Bhaktiratnākara* as follows –

durācāra narokṛṣṇaka bhajiyāhove mahā śreṣṭḥatara //āna deva tejimoke mātra bhajeyadi durācārī nara //pāpi buli tākanadhariba kevenāhi mora adhikāra /hauka durācārahauka sadācāravaiṣṇava yito hovaya //¹²²

7.7. : Bhakti is Superior to Mukti :

Mādhavadeva expresses a verse at the begining of his famous work $N\bar{a}ma$ -Ghoṣā, where he emphasises the fact that bhakti is superior to mukti. The verse is as follows –

> muktito nispṛha yito sehi bhakataka namo rasamayī māgoho bhakati, samasta mastaka maṇi nija bhakatara baśya bhajo hena deva yadupati //¹²³

It means, to those *bhakatas*, who have no longing even for *mukti* or salvation and whose sole aim is the love of God, I bow down my head with all reverence. I beg to God to grant me *rasamayī bhakti* and nothing else. I devote my whole existence to Him, Who is attached to His *bhakata*.

Sankaradeva also emphasises the path of *bhakti* as superior to any other path of *mokşa*. It is expressed in his work *Bhaktiratnākara* as follows –

^{122.} The Bhaktiratnākara: Chap. 20; verses- 636, 656, 663.

^{123.} Mādhavadeva's Nāma-Ghoṣā : verse- 1.

tapa yoga ādi āche puruṣara bahūta panthā mokṣara / tāto kari mātra mokṣato adhika bhakti yoga mādhavara //¹²⁴

By surrendering oneself at the feet of Lord Kṛṣṇa, one could enjoy the blissfull form of Lord and easily attain salvation.

Śańkaradeva and Mādhadeva have expressed in numerous lines about the supremacy of *Bhakti* to any other *mārgas*, rituals, sacrifices in their books *Bhaktiratnākara* and *Bhakti-Ratnāvali*.

In the *Bhaktiratnākara*, it has been said that a true devotee never hankers after $S\bar{a}yujya \ mukti$ and considers the state of *bhakti* as superior to that of *mukti*. In one place of the same book, it is stated that the devotees of Kṛṣṇa refuse even $S\bar{a}lokya$ *mukti* in *Vaikuṇṭḥa* if it is offered without providing any opportunity for pracitsing devotion.¹²⁵

In *Bhakti-Ratnāvalī*, it is stated that though the state of liberation brings happiness, yet *bhakti* is superior to *mukti* in as much as the latter is devoid of joy inherent in the service to the Lord, while the bliss of mukti is inherent in the former, i.e., *bhakti*.¹²⁶

The Vaiṣṇava sects of Rāmānuja, Madhva, Nimbārka, Vallabha and Chaitanya have not recognised *jīvan mukti*, that is liberation during life time.

^{124.} The Bhaktiratnākara: Chap. 10; verse- 6.

^{125.} The Bhaktiratnākara: Chap. 11; verse- 3.

^{126.} The Bhakti-Ratnāwali of Mādhavadeva; Chap. 11.

But the Vaiṣṇava saints of Assam recognised both *jīvan-mukti* and *videha-mukti*. Śaṅkaradeva did not favour the *Sāyujya-mukti*, where the complete absorption in God deprives *jīvas* of the sweetness and bliss associated with *bhakti*.

Sańkaradeva is not altogether averse to mukti. He means only that the devotees should not direct their efforts to the attainment of salvation alone. It would mean some sort of selfishness on the part of a devotee if his devotion were directed solely towards attaining salvation. Liberation would come automatically in its own time – it is inherent in bhakti. As such, a separate effort solely directed to attain liberation is not only unnecessary but also undesirable.

Devotion to God or *bhakti* arises out of love of God or *Bhāgavatprema*. Mahāpurusa Śrimanta Śańkaradeva conceived that *bhakti* comprehends knowledge and sense of greatness of God. It is attachment to God accompanied by detachment to all worldly things. It is the loving service to God. Śańkaradeva is in favour of knowledge with devotion. As he expresses, knowledge follows the realm of Veda; brings out the sound judgement out of it; knowledge remains in devotion. It is expressed in the *Bhāgavata-Purāņa* as follows –

jñāne gati kavai veda lovā tāra paricheda āche jñāna bhakatir māje //¹²⁷

To Śańkaradeva, knowledge without devotion is futile. He, who follows the way of knowledge without devotion struggles for nothing. Such knowledge cannot produce any result. Śańkaradeva maintains that devotion is the bearer of great fruits.

^{127.} Śrīmad Bhāgavat Mahāpurāņa : Book- XI; verse - 199.

According to Śańkaradeva, it is only through the performance of devotion that knowledge arises automatically. Śańkaradeva observes that devotion will culminate in the long run, into omniscience. However, Śańkaradeva used the word devotion in comprehensive sense. In this sense, devotion includes the absence of shame, fear, desire, greed, attachment, anger and other vices; aversion to wordly objects; respect for all objects, love, faith, self-surrender, selfless service, purity of senses, intellect, ego and purification of mind. *Śravaņa* and *kīrttana* of the glories of God are the two modes of devotion on which Śańkaradeva emphasises.